

**George Mason University BS in Kinesiology: Allied Health
Sciences Concentration**
Brightpoint AS in Health Sciences
2026-2027

ADVANCE
PART OF THE MASON VIRGINIA PROMISE



Transfer Requirements

1. Complete the associate degree with a 2.5 or higher cumulative GPA.
2. ENG 111, ENG 112, and a college-level math course must be completed with a C or higher in the first 45 credits. See the pathway to select the correct math course(s) for the intended major.
3. Transfer to George Mason for the fall or spring semester immediately following the conferral of the pathway associate degree.
4. Grades of C or higher are required for transfer credit. Select programs may require a higher grade in specified courses. See the program-specific requirements noted on the pathway.
5. Students must complete their associate degree within five years of entering the program.

Associate Degree Requirements

#	Associate Degree Requirement & Course	Credits	George Mason Equivalent	George Mason Degree Requirement
1	SDV 100	1	UNIV 100	General Elective
2	ENG 111	3	ENGH —	General Elective
3	Math Elective: MTH 161	3	MATH 103T	General Elective & Prerequisite
4	Science Elective: BIO 101	4	BIOL 103/105	Major & Gen Ed: Natural Science
5	PSY 230	3	PSYC 211	Major
6	BIO 141	4	BIOL 124	Major
7	ENG 112	3	ENGH 101	Gen Ed: Written Comm
8	Math Elective: MTH 245	3	STAT 250	Major
9	Science Elective: CHM 111	4	CHEM 211/213	General Elective
10	BIO 142	4	BIOL 125	Major
11	Approved Transfer Elective: HLT 143	3	ATEP 201	Major
12	HLT 110	3	HEAL 110	General Elective
13	Humanities Elective: ART 101 or 102	3	ARTH 200 and ARTH 201	Gen Ed: Arts
14	PSY 200	3	PSYC 100	Major & Gen Ed: Soc/Behav Science
15	History Elective: HIS 111 or HIS 112 (recommended)	3	HIST L387T, HIST 125	Gen Ed: Global History
16	HLT 230	3	KINE 295	Major
17	Science Elective: PHY 201	4	PHYS 243/244	Major & Gen Ed: Natural Science
18	Literature Elective: ENG 246 Additional course options: ENG 225, ENG 245, ENG 255, ENG 258, ENG 275	3	ENGH 202 or FRLN L330	Gen Ed: Literature
19	SOC 200	3	SOCI 101	General Elective
	Associate degree total: <i>Students must apply to graduate by the community college graduation application deadline.</i>	60		

Bachelor's Degree Requirements

#	Degree Requirement & Course	Credits	Notes
20	Gen Ed: Written Comm: ENGH 302	3	
21	Atep 120	2	
22	Atep 300	3	
23	KINE 100	3	
24	KINE 200	3	
25	KINE 260	3	
26	KINE 310	3	
27	KINE 340	3	
28	KINE 341	3	
29	KINE 350	3	
30	KINE 355	3	
31	KINE 404	3	
32	KINE 450	3	Writing Intensive
33	KINE 410	3	
34	Major & Gen Ed: Apex: KINE 490	6-9	
35	One ATEP or KINE elective at the 300 level or higher	3	
36	Upper-level General Electives	3-6	
37	General Electives	4	
	Total post-transfer credits:	60	
	Pathway total:	120	

Additional Academic Information:

- Students who complete a VCCS transfer associate degree (AS, AA, AA&S, or AFA) will receive a waiver of the Foundation and Exploration (lower division) Mason Core general education categories. To be eligible for the waiver, the students must provide the George Mason Office of Admissions with a final, official transcript reflecting the degree conferral date. As a prerequisite for ENGH 302, ENGH 101 is not waived. Students must complete ENGH 100 or ENGH 101, or an equivalent, with a C or higher.
 - When a course fulfills a Mason Core requirement and a major or college requirement (e.g. Major & Quant), students must complete the course listed on the pathway to fulfill the major/college requirement. Courses that fulfill only Mason Core Foundation and Exploration categories are recommendations. In most pathways, ADVANCE students must complete a Quantitative Reasoning course to matriculate through ADVANCE.
 - ADVANCE students must complete the associate degree indicated on their pathway (see the Transfer Requirements listed above). Students who withdraw from ADVANCE and transfer without the associate degree or UCGS are required to complete each Mason Core general education category.
- All students seeking a bachelor's degree must apply at least 45 credits of upper-level courses (numbered 300 or above) toward graduation.
- For academic policies and procedures relating to the associate degree, please navigate to your specific catalog year using the Archive Catalog link: [Catalog and Student Handbook Archive](#)
- For academic policies and procedures relating to the bachelor's degree, please visit: [George Mason Catalog](#). Navigate to your specific catalog year requirements using the catalog archive: [George Mason Catalog Archive](#).